

# Strategic Plan for South Africa 2000-2005



The HIV/AIDS epidemic is the most important challenge facing South Africa since the birth of our new democracy. This challenge therefore, comes at a time when the country is faced with many other competing needs; redressing the imbalances of the past, transformation of our society, as well as integrating our country in the global economy are some of the many challenges.

Failure to respond to this epidemic however, will reverse all the developmental gains, made in the last five years. The Government has therefore made the fight against this scourge a top priority. In so doing, it has chosen a multi-sectoral approach as a lead strategy in combating the HIV/AIDS epidemic.

Many organisations, communities and individuals have contributed a lot in the country's response and their efforts are applauded. There is however, an urgent need to bring in more partners and to consolidate our efforts for maximum impact. This Strategic Plan has been developed with the participation of many stakeholders. Key priority areas have been identified and sectors are expected to plan their interventions in line with these priorities.

The implementation of this Strategic Plan will require enormous resources. Therefore, all sectors including Government Ministries, Non-Governmental Organisations, the private sector, religious organisations, People Living with AIDS and donor organisations are urged to devote resources towards the fight against HIV/AIDS.

South Africans have fought and won many difficult wars before. We have the ability as a country to do the same with this epidemic. Let us 'Break the Silence' around HIV/AIDS. Let us break the AIDS chain.

Dr M Tshabalala-Msimang MINISTER OF HEALTH

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Annexure 1: Map of South Africa

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#### Acronyms

AIDS Acquired Immune Deficiency Syndrome

ANC Antenatal Care

ATIC AIDS Training and Information Centre

ART Anti-Retroviral Therapy

BHF Board of Health Care Funders
CBOs Community-based Organisations
CGE Commission on Gender Equality

CMA Civil Military Alliance

DENOSA Democratic Nursing Organisation of South Africa

DOE Department of Education
DOF Department of Finance
DOH Department of Health
DOJ Department of Justice
DOL Department of Labour

DOME Department of Minerals and Energy

DOT Department of Transport

DOTS Direct Observed Therapy Short Course

DOW Department of Welfare EDL Essential Drug List

GCIS Government Communication and Information System

IDC Interdepartmental Committee on AIDS
IMC Inter-Ministerial Committee on AIDS

HCW Health Care Worker

HIV Human Immunodeficiency Virus HRC Human Rights Commission

HSRC Human Sciences Research Council

IEC Information, Education, and Communication

IMC Inter-Ministerial Committee on AIDS

MOH Ministry of Health

MEC Member of Executive Committee
MRC Medical Research Council
MTCT Mother-to-child transmission

MTEF Medium Term Expenditure Framework

NAC National AIDS Council

NACOSA National AIDS Co-ordinating Committee of South Africa

NGOs Non-Government Organisations

NPPHCN National Progressive Primary Health Care Network

PEP Post-exposure prophylaxis

PWA People living with HIV infection or AIDS
PHRC Provincial Health Restructuring Committee
SAIMR South African Institute of Medical Research

SALC South African Law Commission SAMA South African Medical Association

SAPS South Africa Police Service

SADC Southern Africa Development Community
SANDF South African National Defence Force

STDs Sexually Transmitted Diseases
SM Syndromic Management

TB Tuberculosis
THs Traditional Healers

UNAIDS Joint United Nations Programme on HIV/AIDS

VTC Voluntary HIV Testing and Counselling

WHO World Health Organisation

## Dr M Tshabalala-Msimang

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difficult wars before.

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## introduction

During the last two decades, the HIV pandemic has entered our consciousness as an incomprehensible calamity. HIV/AIDS has claimed millions of lives, inflicting pain and grief, causing fear and uncertainty, and threatening the economy.

According to recent statistics by the Joint United Nations Programme on HIV/AIDS (UNAIDS) and the World Health Organisation (WHO), the number of people living with HIV was estimated to be 33,4 million by the end of 1998, a 100% increase compared to 1997. In Sub-Saharan Africa, more than a quarter of young adults are infected with HIV.

Assuming that no cure is found, it is estimated that more than 40 million people globally will be living with HIV by 2000. The impact of the epidemic on the economy is already being felt in most countries. Life expectancy has been significantly reduced as many people in the 15-49 year age group are now dying of AIDS.

Many countries, both in Africa and Asia, have taken urgent steps to curb the epidemic with varying degrees of success. In South Africa, despite our efforts, the HIV infection rate has increased significantly over the past 5 years. This increase in the infection rate calls for a renewed commitment from all South Africans.

### 1.1 The Purpose of the Strategic Plan

This document is a broad national strategic plan designed to guide the country's response to the epidemic. It is not a plan for the health sector specifically, but a statement of intent for the whole country, both within and outside government. It is recognised that no single sector, ministry, department or organisation is by itself responsible for addressing the HIV epidemic. It is envisaged that all government departments, organisations and stakeholders will use this document as a basis to develop their own strategic and operational plans so that all our initiatives as a country can be harmonised to maximise efficiency and effectiveness.

## 1.2 The Development of the Strategic Plan

The development of the Strategic Plan was initiated by the Minister of Health, Dr. Manto Tshabalala-Msimang, in July 1999. This was in response to the President, Mr Thabo Mbeki's challenge to all sectors of society to become actively involved in initiatives designed to address the HIV/AIDS epidemic.

It began with a meeting in July 1999 to review the current HIV/AIDS prevention, treatment, and care efforts in South Africa. The meeting was attended by representatives of faith-based organisations, people living with HIV infection and AIDS (PWAs), human rights organisations, academic institutions, the civil military alliance(CMA), the Salvation Army, the media, organised labour, organised sports, organised business, insurance companies, women's organisations, youth organisations, international donor organisations, health professionals and health consulting organisations, political parties, and relevant government departments.

After priority areas for future efforts were discussed and agreed upon, a committee was charged with developing a five-year HIV/AIDS & STDs Strategic Plan. Task teams were

established to review current goals and objectives for the designated priority areas. The priority areas are prevention; treatment, care and support; legal and human rights; and monitoring, research and evaluation.

In addition, the Minister of Health held bilateral meetings with several important sectors including traditional leaders, faith-based organisations and the business sector to obtain their views and to discuss ways to facilitate their active participation.

In September 1999, the Minister of Health and the nine provincial MECs for Health reconfirmed the previous priority areas. This was followed, in October 1999, by a two-day National AIDS Meeting where Provincial AIDS Co-ordinators, the National DOH HIV/AIDS & STDs Directorate, representatives of the AIDS Training and Information Centres (ATICs) and representatives of several other organisations discussed progress in the five-year HIV/AIDS & STDs Strategic Plan.

In October and November 1999 the task teams met to further develop their goals and objectives. They reviewed the National AIDS Plan for South Africa, 1994; the Department of Health White Paper for the Transformation of the Health System; the 1997 Annual HIV/AIDS & STDs review, and reports from the September meeting of the Provincial MECs for Health, and the National AIDS meeting.

In November 1999 a draft document was presented to the Inter-Ministerial Committee (IMC) on AIDS, and additional comments were solicited from all government ministers. The final document was completed in January 2000.



## background

### 2.1 Situation Analysis

The South African picture of the epidemic
The Sub-Saharan and Southern Africa is suffering severely from the HIV/AIDS pandemic.
Recent estimate suggest that of all people living with HIV in the world, 6 out of every 10 men, 8 out of every 10 women, and 9 out of every 10

children are in Sub-Saharan Africa. These figures provide sufficient evidence to make HIV/AIDS both a regional and a national priority. Data from the DOH's Annual National HIV Seroprevalence Surveys of women attending Antenatal Clinics (ANC) for the past 9 years provides a good estimate of HIV prevalence and trends over time in South Africa (See figure 1).

Figure 1: The National HIV survey of women attending antenatal clinics of the public health services in South Africa, 1990 - 1999

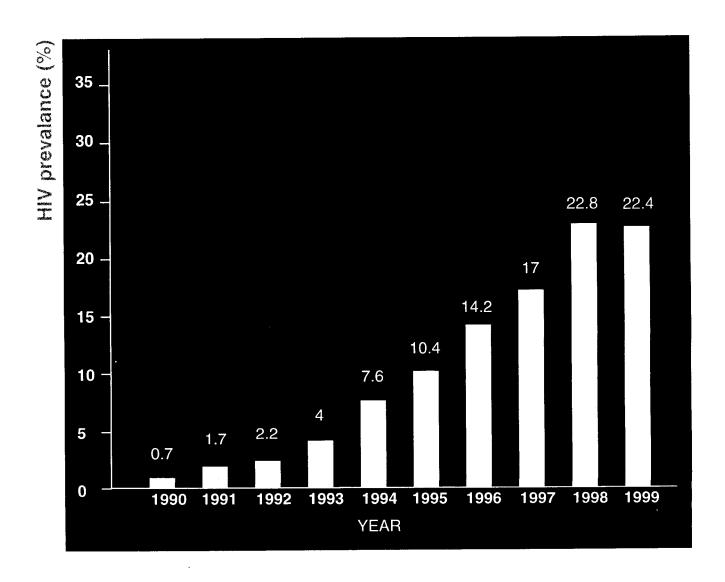
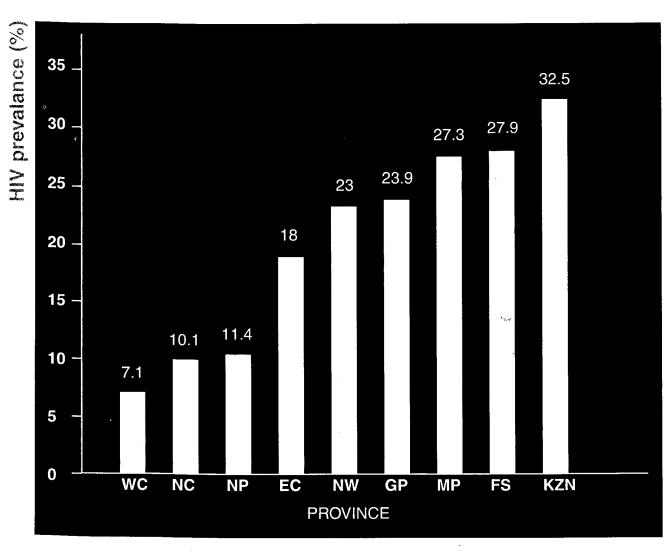


Figure 2 presents HIV prevalence in women attending antenatal clinics by province in 1998. This data reveals geographic disparities in the distribution of the HIV/AIDS epidemic in South Africa.

Figure 2: HIV prevalence in pregnant women attending public antenatal clinics by Province, South Africa, 1999



\*Key: KZN = KwaZulu-Natal Province; MP = Mpumalanga Province; FS = Free State Province; GP = Gauteng Province; NW = North West Province; NP = Northern Province; EC = Eastern Cape Province; NC = Northern Cape Province; WC = Western Cape Province

\*See Annexure A for map

Additional information from the survey reveal that:

- The HIV epidemic in South Africa is one of the fastest growing epidemics in the world
- Young women aged 20-30 have the highest prevalence rates
- Young women under age 20 had the highest percentage increase compared to other age groups in 1998 compared to 1997.

This and other data clearly indicate that the HIV epidemic is severely affecting the young, black, and economically poor populations of South Africa.

Currently there are approximately 4.2 million South Africans living with HIV. It is estimated that in 1998 over 1,600 people were infected with HIV each day – this translates to more than 550,000 people infected each year. It is estimated that by the year 2005, there will be 6 million South Africans infected with HIV and almost 1 million orphans under the age of 15 whose mothers will have died of AIDS.

AIDS is currently not a notifiable disease in South Africa and voluntary reporting seriously underestimates the number of people with AIDS. It is estimated that there were approximately 165,000 people living with AIDS and 120,000 AIDS deaths in 1998. Projections indicate that by 2002 a quarter of a million South Africans will die of AIDS, and that this figure will rise to more than a million by 2008. Average life expectancy is expected to fall from approximately 60 years to 40 years between 1998 and 2008.

## Major causes and determinants of the epidemic in South Africa

The immediate determinants of the epidemic include behavioural factors such as unprotected sexual intercourse, multiple sexual partners, and biological factors such as the high prevalence of sexually transmitted diseases.

The underlying causes include socio-economic factors such as poverty, migrant labour, commer-

cial sex workers, the low status of women, illiteracy, the lack of formal education, stigma and discrimination. The national HIV/AIDS & STD Strategic Plan must address all these immediate determinants and underlying causes.

## **Tuberculosis and HIV/AIDS**

Closely linked to the HIV/AIDS epidemic, is Tuberculosis (TB) which is fuelled by HIV infection. TB is also the most frequent cause of death in people living with HIV. In South Africa, approximately 40-50% of TB patients are infected with HIV. In some hospitals in South Africa, the HIV prevalence in TB patients has been recorded as over 70%.

### **Sexually Transmitted Diseases**

There is compelling evidence of the importance of STDs as a major determinant of HIV transmission. There are approximately 11 million STD episodes treated annually in South Africa, with approximately 5 million of these managed by private general practitioners. Even without the HIV epidemic, STDs pose an important public health problem.

### 2.2 Response Analysis

A detailed description of the country's response to the HIV/AIDS epidemic is beyond the scope of this plan. However, a summary of the key responses and constraints include the following:

- In 1992 the National AIDS Co-ordinating Committee of South Africa (NACOSA) was launched with a mandate to develop a national strategy on HIV/AIDS. Cabinet endorsed this strategy in 1994. The goals of this plan were to (a) prevent HIV transmission; (b) reduce the personal and social impact of HIV infection, and (c) mobilise and unify, provincial, international and local resources.
- South African National STD&HIV/AIDS
   Review was conducted in 1997 in line with the
   goals outlined in the NACOSA plan. This
   review indicated the following strengths in
   South Africa's response to the epidemic:

- There is a high level of commitment from the Health Ministry
- Collaboration initiated by the DOH at various levels to ensure an interdepartmental and inter-sectoral response
- NGOs and CBOs have been highly motivated and active albeit operating with limited resources
- Adequate drug supply and accessibility for STD management is good in most clinics
- Improvements in TB services.

The following constraints were noted:

- Major restructuring of national and provincial departments has delayed the appointments of personnel. Both human and financial resources at all levels were limited.
- District structures have not been established.
- Lack of structured referral systems and continuity of care, home based care, and terminal care facilities.
- Lack of integration of STD & HIV/AIDS and TB care.
- Lack of visible commitment outside the DOH to effective interdepartmental implementation of the programme.
- There is continued high levels of discrimination and human rights abuses of people affected by and infected with HIV/AIDS.
- Lack of provincial policies, guidelines or management protocols for comprehensive care and counselling.
- Health promotion materials are not always available in the vernacular and are not client sensitive or user friendly.

Following this review of both the strengths and weaknesses in addressing the HIV/AIDS epidemic, the following recommendations were made:

- Increase resources and build capacity at provincial and district levels to manage, organise, and implement the HIV/AIDS & STD Programme. Provincial authorities should designate co-ordinators responsible for STD & HIV/AIDS in every province and district
- Ensure secure political leadership from the Deputy President and to increase political

- commitment and public leadership
- Strengthen interdepartmental and intersectoral response to the epidemic
- A concerted effort by all stakeholders needs to be made to protect human rights, counter discrimination and reduce stigmatisation
- Support and strengthen People living with HIV infection or AIDS (PWA) initiatives and increase full involvement of PWAs in programme design, implementation, and evaluation
- Increase collaboration between the HIV/AIDS & STD and TB programmes.

Subsequent to the 1997 Review, some of the recommendations have been addressed by the following actions:

- Appointing HIV/AIDS Coordinators in each province and supporting regular training and meetings to facilitate programme implementation
- Establishing an Inter-Ministerial Committee on AIDS. This Committee consists of Ministers and Deputy Ministers and meets on a monthly basis to discuss HIV/AIDS and provide political direction and policy guidance to the HIV/AIDS & STD Directorate
- The launch of the Partnership against AIDS by the President in 1998 to broaden and formalise the participation by all sectors in response to the epidemic
- The development of an HIV/AIDS policy by the Department of Education (DOE) for learners and educators. This makes HIV/AIDS education a component in the curricula of all secondary schools
- The development of other national policies including, the Syndromic Management of STDs and post-exposure prophylaxis (PEP) following occupational exposure to HIV
- The establishment the South African AIDS
   Vaccine Initiative in 1998. This initiative seeks
   to develop an effective, affordable preventive
   vaccine for universal use in South Africa and
   SADC countries by 2005
- The establishment of the South African National AIDS Council (SANAC), a multi-sec-

toral body that will oversee the national response to the epidemic and the implementation of the Strategic Plan. The SANAC facilitates collaboration between government and all other sectors

- The establishment of a national interdepartmental HIV/AIDS committee that developed HIV/AIDS workplace policies and minimum HIV/AIDS programmes for all government departments
- The development of a Strategic Framework for a South African AIDS Youth Programme
- Improved collaboration between HIV/AIDS & STD and TB programmes in the area of policy formulation and advocacy.

This Strategic Plan aims to address the recommendations that have not been adequately addressed since 1997, and provides a strategic framework for the country's response to the HIV/AIDS & STD epidemic.

Initiatives in the Southern African

Development Community (SADC) Countries

South Africa is the current chair and host of the
Health Desk of SADC, which currently has 14
member states: Angola, Botswana, the
Democratic Republic of Congo, Lesotho, Malawi,
Mauritius, Mozambique, Namibia, the Seychelles,
South Africa, Swaziland, Tanzania, Zambia and
Zimbabwe.

A regional response to HIV/AIDS & STDs is essential in curbing the spread, and to this end a SADC HIV/AIDS & STD task force has been formed and has prepared an HIV/AIDS & STD plan for 1999 - 2003. The three broad goals of the programme are to achieve:

- A better co-ordinated and harmonised response to HIV/AIDS & STD among Member States
- A multi-sectoral response to HIV/AIDS & STD
- Improved quality and coverage of the response to HIV/AIDS & STD both at national and regional level.

These initiatives will be important in ensuring that

South Africa and its regional partners have a more co-ordinated response to the HIV/AIDS epidemic. SADC thus forms an important link in the mechanisms and structures available to the country.

## structures in south africa to address HIV/AIDS



The expanded national response will be managed by different structures at various levels. It is envisaged that each government ministry will have a focal person and team with a responsibility will be to plan, budget, implement and monitor HIV/AIDS interventions. It is also recommended that all other sectors including parastatals, NGOs, the private sector, faith-based organisations, youth, and women will also have dedicated HIV/AIDS focal persons. (See diagram 1 on page 9).

The following presents a brief overview of important structures at national and provincial levels and their specific role and functions relating to HIV/AIDS.

#### Cabinet

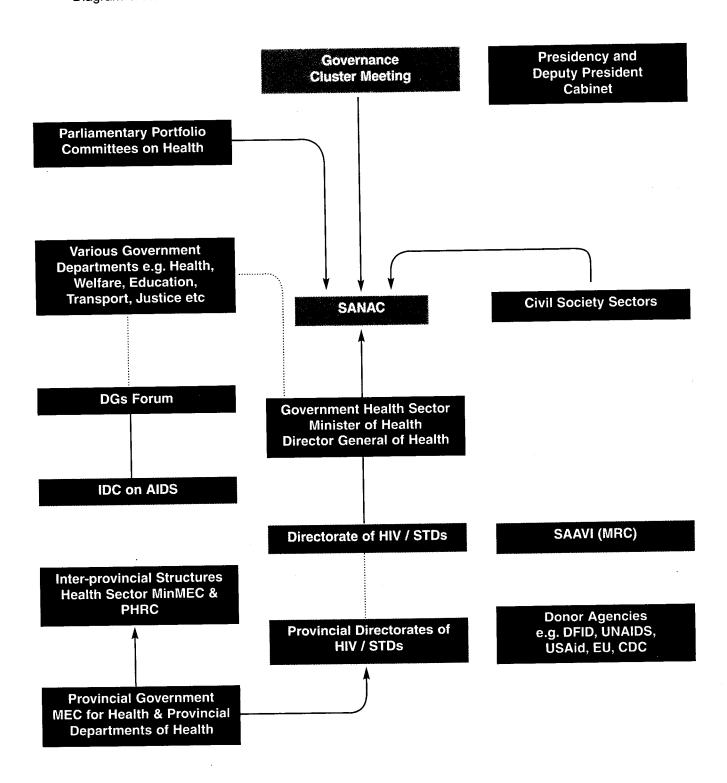
The Cabinet is the highest political authority in the country. The Cabinet meets weekly, but HIV/AIDS issues are not regularly discussed at this level, as all Cabinet members plus all Deputy Ministers and members of the Department of Health meet monthly in the Inter-Ministerial Committee on AIDS (see page 10).

### South African National AIDS Council (SANAC)

SANAC is the highest body that advises government on all matters relating to HIV/AIDS. Its major functions are to: (a) advise government on HIV/AIDS & STD policy, (b) advocate for the effective involvement of sectors and organisations in implementing programmes and strategies, (c) monitor the implementation of the Strategic Plan in all sectors of society, (d) create and strengthen partnerships for an expanded national response among all sectors, (e) mobilise resources for the implementation of the AIDS programmes, and (f) recommend appropriate research.

This body is chaired by the Deputy President, and consists of 15 government representatives and 16 civil society representatives (see list on page 10).

Diagram 1: Relevant National and Provincial Structures



#### Government

Ministers of Health; Education; Welfare and Population Development; Agriculture; Arts, Culture, Science and Technology; Transport; Labour; Finance; Provincial and Local Government; Defence; Minerals and Energy; Correctional Services; the Deputy CEO of the Government Communication and Information Systems; the Chairperson of the Portfolio Committee on Health; and the Chairperson of the Select Committee on Social Services.

#### Sectors to be represented

One representative from each of the following sectors: Business; People living with HIV/AIDS; Non-government organisations; Faith-based organisations; Trade Unions; Women; Youth; Traditional healers; Traditional leaders; Legal and Human Rights; Disabled People; Celebrities; Sport; Media; Hospitality Industry; and Local Government.

#### Technical Task Teams

The Technical Task Teams, established by the Ministry of Health, will assist SANAC in its deliberations and decisions. These teams comprise experts in the following five areas: a) Prevention; b) Care and Support, c) Information Education and Communications (IEC) and Social Mobilisation, d) Research, Monitoring, Surveillance and Evaluation; and e) Legal issues and Human Rights.

Inter-Ministerial Committee on AIDS (IMC)
In 1997, the South African Cabinet formed the IMC. The IMC consists of all Ministers and Deputy Ministers and is chaired by the Deputy President. This committee meets on a monthly basis to review the country's response to the HIV/AIDS epidemic. Issues of strategic importance are discussed and political guidance is given to the HIV/AIDS and STD Directorate and the IDC.

## Interdepartmental Committee on AIDS (IDC) This committee consists of representatives from all government departments who co-ordinate HIV/AIDS activities. The IDC meets monthly to

review government programmess and to fulfil requests from the IMC. Goals of the IDC include facilitating the development of HIV/AIDS workplace policies in all government departments, ensuring that all departments allocate financial resources to HIV/AIDS; and developing minimum HIV/AIDS programmess for all the departments.

#### MinMEC

The MinMEC consists of all Provincial Health MECs and the national Minister of Health. The MinMEC meets every six weeks, and is the body that approves national policies and guidelines. HIV/AIDS is a standing item where reports on national and provincial programmes are discussed.

## Provincial Health Restructuring Committee (PHRC)

This committee consists of all Provincial Heads of Health and meets on a monthly basis to discuss the strategic issues of national and provincial importance. HIV/AIDS is a standing agenda item where reports from the IMC, National HIV/AIDS & STD Directorate and Provincial HIV/AIDS Co-ordinators are discussed. Once the PHRC has discussed and approved documentation, it is referred to the MinMEC for political approval.

#### Directors-General Forum

This forum consists of Directors General from all the National Government Departments and meets regularly. HIV/AIDS is a standing agenda item where reports from the IMC are discussed.

## HIV/AIDS and STD Directorate, Department of Health

HIV/AIDS issues are brought to the attention of the above national bodies by the Department of Health's Directorate of HIV/AIDS & STDs. This Directorate prepares briefing documents for these national forums, and attends meetings to provide further information to assist decision-making in these national committees and bodies.



## guiding principles

The following principles for HIV/AIDS and STD prevention, treatment and care efforts for South Africa were previously adopted in the National AIDS Plan for South Africa, 1994 - 1995, and the Department of Health's White Paper for the Transformation of the Health System in South Africa, 1997. They are reaffirmed.

- People with HIV and AIDS shall be involved in all prevention, intervention and care strategies
- People with HIV and AIDS, their partners, families and friends shall not suffer from any form of discrimination
- The vulnerable position of women in society shall be addressed to ensure that they do not suffer discrimination, nor remain unable to take effective measures to prevent infection
- Confidentiality and informed consent with regard to HIV testing and test results shall be protected
- Education, counselling and health care shall be sensitive to the culture, language and social circumstances of all people at all times
- The Government has a crucial responsibility with regard to the provision of education, care and welfare of all people of South Africa
- Full community participation in prevention and care shall be developed and fostered
- All intervention and care strategies shall be subject to critical evaluation and assessment
- Both government and civil society shall be involved in the fight against HIV/AIDS
- A holistic approach to education and care shall be developed and sustained
- Capacity building will be emphasised to accelerate HIV/AIDS prevention and control measures
- STDs prevention and control are central elements in the response to HIV/AIDS.

## HIV/AIDS and STD strategic plan for south africa 2000 - 2005



The primary goals are to:

- Reduce the number of new HIV infections (especially among youth)
- Reduce the impact of HIV/AIDS on individuals, families and communities.

The following general strategies will be stressed:

- An effective and culturally appropriate information, education and communications (IEC) strategy
- Increase access and acceptability to voluntary HIV testing and counselling
- Improve STDs management and promote increased condom use to reduce STD and HIV transmission
- Improve the care and treatment of HIV positive persons and persons living with AIDS to promote a better quality of life and limit the need for hospital care.

The Strategic Plan is structured according to the following four areas:

- Prevention
- Treatment, care and support
- Human and legal rights
- Monitoring, research and surveillance.

In addition, the youth will be broadly targeted as a priority population group, especially for prevention efforts.

## A national set of primary indicators and surveillance data for the country

South Africa needs a set of key indicators that can be used to track the overall response of the country to the epidemic. This means not only tracking the course of the epidemic over the next five years, but also tracking changes in attitudes, social values, health care practices, socio-economic conditions and behaviours that act as predisposing factors of the epidemic.

The following list of indicators is proposed as a combination of various indicators, that collectively can be used to judge how well the country is doing in terms of tackling the HIV epidemic.

Where necessary, mechanisms to collect the required data will be developed.

### General trends of the epidemic

 Prevalence of HIV amongst antenatal clinic attendees (using national sentinel surveillance procedure)

#### Youth

- Prevalence of HIV amongst antenatal clinic attendees below the age of 18 years (using national sentinel surveillance procedure)
- Teenage pregnancy incidence and rate

#### Prevention

- Proportion of STD cases effectively managed using syndromic treatment in a) the public sector; b) the private sector
- Percentage of sexually active women using condoms
- Proportion of children leaving primary school who are fully informed of the causes and methods of transmission of HIV

## Socio-economic indicators predisposing to HIV transmission

- Proportion of household living below the minimum poverty line
- Unemployment rate

#### Abuse of women

- The number of reported rape cases
- The number of cases of workplace legislation abuse related to employees contracting HIV

## Social values, human rights and acceptance in the community

- The number of VTC clients
- The number of homeless children, as a proxy indicator of the capacity of society to care for
- AIDS orphans
- The number of people "coming out" as people living with AIDS

## Goals, objectives, strategies and lead agencies

#### **PRIORITY AREA 1: Prevention**

- Goal 1: Promote safe and healthy sexual behaviour
- Goal 2: Improve the management and control of STDs
- Goal 3: Reduce mother-to-child transmission (MTCT)
- Goal 4: Address issues relating to blood transfusion and HIV
- Goal 5: Provide appropriate post-exposure services
- Goal 6: Improve access to Voluntary HIV Testing and Counselling (VTC)

## PRIORITY AREA 2: Treatment, care and support

- Goal 7: Provide treatment, care and support services in health-care facilities
- Goal 8: Provide adequate treatment, care and support services in communities
- Goal 9: Develop and expand the provision of care to children and orphans

## PRIORITY AREA 3: Research, monitoring and evaluation

- Goal 10: Ensure AIDS vaccine development
- Goal 11: Investigate treatment and care options
- Goal 12: Conduct policy research
- Goal 13: Conduct regular surveillance

## PRIORITY AREA 4: Human and legal rights

- Goal 14: Create a supportive and caring social environment
- Goal 14: Develop an appropriate legal and policy environment

#### GOAL 1:PROMOTE SAFE AND HEALTHY SEXUAL BEHAVIOUR

GC	OAL 1:PROMOTE SAFE AND H	EΑ	LTHY SEXUAL BEHAVIOUR	
	Objective	Se	lected Strategi <del>es</del>	Lead Agenties
	Promote improved health seeking behaviour and adoption of safe sex practices	b)	Produce and disseminate IEC material and messages to different stakeholders Implement life skills education in all primary and secondary schools Increase the number of trade unions who have implemented HIV/AIDS & STD policies and programmes Facilitate and support the trucking industry's AIDS High Transmission project	DOE, DOH, NGOs, Trade Unions, DOL, DOH Youth Sector
	Broaden responsibility for the prevention of HIV to all sectors of government and civil society	a)	Develop sector-specific policies and plans for the prevention of HIV/AIDS & STDs, focussing specially on the following sectors: the Government sector: Health; Education; Welfare; Local Government; Transport; Justice; Police; Correctional Services; Home Affairs; Civil society sectors: Traditional leaders; Youth; Faith-Based Organisations; Business; Entertainment and Media.	DOH, NAC, All Sectors
••	Implement HIV/AIDS prevention for migrants	,	Develop an health programme with an HIV focus as part of the Maputo corridor project Facilitate cross-border interventions Work in partnership with other SADC countries	DOH, SADC, UNAIDS
	Develop and implement counselling and care programmes for all national government departments	a) b) c)	Create public awareness of HIV/AIDS & STDs in all government departments Identify, train, and support peer educators Distribute condoms in all government department buildings	DOH and other government departments
	Improve access to and use of male and female condoms, especially amongst 15-25 year olds		Expand condom distribution through non-traditional outlets Improve access to condoms in high transmission areas (e.g. truck stops, borders, mines and brothels) Increase acceptance, positive attitudes and perceptions, efficacy and use of condoms as a form of contraception among the youth	DOH, All Sectors

## GOAL 2:IMPROVE THE MANAGEMENT AND CONTROL OF STDS

Basic Strategies	Lead Agencies
nurses for STD treatment  b) Monitor and regulate the quality of care in the private sector  c) Training on SM within the private sector	DOH, SAMA, Board for Health-care Funders, Health Professions Council of SA
<ul> <li>a) Training in syndromic management undergraduate / basic curricula of all nurses, doctors and pharmacists</li> <li>b) Regular in-service training of HCWs</li> </ul>	DOH, SANC, Nurse training institutions, Medical Schools
<ul> <li>a) Develop, print and distribute training manuals in various languages</li> <li>b) Conduct capacity building workshops with THs</li> <li>c) Sensitise the health sector regarding traditional medicine</li> <li>d) Consider referral systems between traditional and Western medicine</li> </ul>	DOH, Traditional Healer Organisations; CONTRALESA
a) Make clinics and HCWs "youth friendly" b) Make schools places where youth can access friendly and supportive counselling services	DOH, DOE, Youth Sector
	<ul> <li>b) Monitor and regulate the quality of care in the private sector</li> <li>c) Training on SM within the private sector</li> <li>d) Review Medical Schemes regulations to ensure minimum reimbursement for treatment of STDs</li> <li>a) Training in syndromic management undergraduate / basic curricula of all nurses, doctors and pharmacists</li> <li>b) Regular in-service training of HCWs</li> <li>a) Develop, print and distribute training manuals in various languages</li> <li>b) Conduct capacity building workshops with THs</li> <li>c) Sensitise the health sector regarding traditional medicine</li> <li>d) Consider referral systems between traditional and Western medicine</li> <li>a) Make clinics and HCWs "youth friendly"</li> <li>b) Make schools places where youth can access friendly and supportive counselling</li> </ul>

## GOAL 3:REDUCE MOTHER-TO-CHILD HIV TRANSMISSION (MTCT)

	Objective	Se	elected Strategies	Lead Agencies
	Improve access to HIV testing and counselling in ANC clinics	a) b)	Develop counselling guidelines Train counsellors	DOH, Women's Sector, NGOs
• • • • •	Improve family planning services to known HIV positive women	a) b)	Train reproductive health providers on HIV/AIDS counselling Improve access to comprehensive reproductive health services for HIV positive women	DOH, Women's Sector, NGOs, NPPHCN
•••••	Implement clinical guide- lines to reduce the trans- mission of HIV during childbirth and labour	a)	Train all relevant midwives and medical practitioners	DOH, Nursing Training Institutions, Medical Schools

## GOAL 4:ADDRESS ISSUES RELATING TO BLOOD TRANSFUSION AND HIV

Selected Strategies

#### Objective DOH, SA Blood a) Monitor implementation of current Maintain a safe blood Transfusion guidelines on blood transfusion transfusion service Service b) Develop national guidelines on HIV and blood transfusion c) Improve the recruitment of low-risk blood donors GOAL 5:PROVIDE APPROPRIATE POST-EXPOSURE SERVICES Lead Agencies Selected Strategies Objective a) Ensure appropriate policies for needlestick DOH, DOL Provide services for exposure in the private sector needlestick injuries and b) Ensure the supply of anti-retroviral drugs to occupational exposure treat occupational exposure in public health c) Reduce exposure to occupational exposure through the appropriate disposal of medical waste DOH, Research a) Review research on use of Anti-Retroviral Investigate options to Therapy (ART) to prevent HIV transmission Institutions reduce HIV/STD following sexual assault transmission and b) Assess services for women and men pregnancies resulting from following sexual assault sexual assault GOAL 6:IMPROVE ACCESS TO VOLUNTARY TESTING AND COUNSELLING Lead Agencies **Selected Strategies** Objective a) Introduce counselling service in all new DOH Increase the number of testing sites voluntary HIV testing and b) Expand use of rapid testing methods counselling sites Increase the proportion of workplaces that have on-site counselling and testing services DOH, All Sector a) Promote access to VTC services, Increase the number of

especially for the youth

persons seeking VTC

**Lead Agencies** 

## 5.2 PRIORITY AREA 2: Treatment, care and support

## GOAL 7:PROVIDE TREATMENT. CARE AND SUPPORT SERVICES IN HEALTH FACILITIES

GOAL 7:PROVIDE TREATMENT, CARE AND SUPPORT SERVICES IN HEALTH FACILITIES				
(opposite all the constant	Selected Strategies : List	til Agencies		
Improve treatment, care and support for people living with and affected by HIV/AIDS	a, bototop gatacimier ist are	PH, Training titutions, PWAs		
Establish poverty alleviation projects to address the root causes of HIV/AIDS, STDs and TB	indicators of poverty  b) Involve relevant government departments  de	ricultural sector, overnment partments, GOs, Business		
Ensure appropriate practices in the private sector and medical insurance industry for the care and treatment of HIV positive clients	a) Review international and regional practices relating to HIV and medical insurance b) Lobby the medical schemes industry to review benefits and coverage for HIV positive clients c) Standardise a minimum package of treatment and care for people living with	OH, BHF		

HIV/AIDS in the public and private sector

## GOAL 8:PROVIDE ADEQUATE TREATMENT, CARE AND SUPPORT SERVICES IN COMMUNITIES

GOAL 8:PROVIDE ADEQUATE T	KEAI	IMENT, CARE AND SOFT ORT SERVICES I	
Objective	Sele	octed Strategies	Lead Agenoies
Develop and implement models of community/ home-based care in all provinces	b) F ta c) F	Develop appropriate home-based care implementation guidelines. Promote the establishment of intersectoral ask teams at community level to develop community/home-based care. Reduce stigma of HIV/AIDS in communities and develop IEC materials targeted at communities.	DOH, DOW, NGOs
Increase acceptability to community/home-based care		Use media for more exposure to the issues of home-based care in communities	DOH, DOW, NGOs, Media, all
GOAL 9:DEVELOP AND EXPAN	D TH	E PROVISION OF CARE TO CHILDREN AN	ND ORPHANS

	Objective.	Selected Strategies	Load Agencies Age
	Develop and implement programmes to support the health and social needs of children affected by HIV/AIDS	<ul> <li>a) Promote advocacy of all relevant issues that affect children</li> <li>b) Mobilise financial and material resources for orphans and child-headed households</li> <li>c) Investigate the legal protection of child-headed households</li> <li>d) Provide social welfare, legal and human rights support to protect educational and constitutional rights</li> </ul>	DOH, DOW, DOJ, NGOs, Business
•	Implement measures to facilitate adoption of AIDS orphans	<ul> <li>a) Investigate the use of welfare benefits to assist children and families living with HIV/AIDS</li> <li>b) Subsidise adoption of AIDS orphans</li> </ul>	DOW, DOE

## 5.3 PRIORITY AREA 3: Research, monotoring and surveillance

### **GOAL 10:ENSURE AIDS VACCINE DEVELOPMENT**

Objective	Selected Strategies	Lead Agencies
Support efforts to develop a Clade C HIV vaccine	<ul> <li>b) Conduct biological and behavioural research to support the development of at AIDS vaccine</li> <li>b) Support the South African AIDS Vaccine Initiative</li> <li>c) Develop South African ethical guidelines for vaccine research</li> </ul>	DOH, MRC, n Research Institutions

## GOAL 11:INVESTIGATE TREATMENT AND CARE OPTIONS

Objective	Selected Strategies	Lead Agencles
Review and revise policy on anti-retroviral use for reducing mother-to-child HIV transmission	<ul> <li>a) Review, monitor and evaluate current research on the use of anti-retroviral therapy to reduce mother to child HIV transmission</li> <li>b) Identify and implement additional areas of research</li> <li>c) Review and update national policies to reduce MTCT</li> </ul>	DOH, Academic Institutions, Research Institutions, Women's Sector
<ul> <li>Conduct research on the cost-effectiveness of other forms of non-retroviral treatment and prophylaxis</li> </ul>	<ul><li>a) Review international research</li><li>b) Facilitate local research</li></ul>	MRC, DOH, Research Institutions
<ul> <li>Conduct research on the effectiveness of traditional medicines</li> </ul>	<ul><li>a) Conduct clinical trials</li><li>b) Review international research</li><li>c) Collaborate with traditional healers</li></ul>	Traditional Healers, MRC, DOH

#### **GOAL 12:CONDUCT POLICY RESEARCH**

Conduct HIV/AIDS studies in selected departments and provinces	a) Commission research	DOH, DOF, government departments
Conduct research to	Conduct HIV incidence surveys in narrow     age groups to approximate incidence	MRC, DOH

#### GOAL 13:CONDUCT REGULAR SURVEILLANCE

SOAL 13:CONDUCT REGULAR  Objective		RVEILLANCE	Lead Agencies
Develop mechanisms for long and short-term training to improve the capacities of provincial and district staff to conduct HIV/AIDS&STD related operations research and surveillance.	a)	Training for provincial and district staff on research and surveillance in collaboration with research and training institutions	DOH, Academic Institutions
Conduct national surveillance on HIV and STD risk behaviours, especially among youth	b)	Conduct behavioural sentinel surveys, with a focus on youth Conduct routine STD surveillance Conduct surveillance of AIDS morbidity	DOH, HSRC, GCIS, MRC, Youth Sector

d) Conduct national HIV infections

surveillance in selected populations and groups, including STD and TB clients, hospitalised patients, men, and youth

and mortality

## 5.4 PRIORITY AREA 4: Human and legal rights

## GOAL 14:CREATE AN APPROPRIATE SOCIAL ENVIRONMENT

	Objective	Selected Strategles	Lead Agencies
•••	Develop a National Inter- Sectoral Campaign on Openness and Acceptance of People Living with HIV/AIDS	<ul> <li>a) Promote open discussion of sexual practices in various sectors of society</li> <li>b) Promote VTC</li> <li>c) Target awareness regarding rights and responsibilities of people living with HIV/AIDS in 4 key areas: employment rights, education, health care and social service rights</li> </ul>	SANAC, Government Departments, NGOs, all Sectors, SABC
	Create a legal and policy environment which protects the rights of all persons infected and affected by HIV/AIDS by 2005	<ul> <li>a) Review existing legislation and ensure the protection of rights of people living with HIV/AIDS</li> <li>b) Develop policy on the management of mentally challenged HIV positive persons</li> <li>c) Review and enact new Children's Law to take into account the needs of children infected and affected by HIV/AIDS</li> </ul>	DOJ, DOH, SALC
	Monitor human rights abuses and develop enforcement mechanisms for redress	<ul> <li>a) Statutory commissions (HRC and CGE) to set up a discrimination database to collect information on the nature and extent of discrimination against people affected by HIV/AIDS</li> <li>b) Improve access to justice for people infected / affected by HIV/AIDS</li> </ul>	DOJ, HRC, CGE

## GOAL 15:DEVELOP AN APPROPRIATE LEGAL AND POLICY ENVIRONMENT

* Objective	Se	elected Strategies	Lead Agencies
Develop policy and legislation relating to HIV/AIDS and employment	,	Finalise the code of Good Practice on HIV/AIDS in the Workplace, and accompanying regulations, to enforce workplace HIV/AIDS policies Support the development of workplace HIV/AIDS policies	DOL, DOH
Develop policy and legisla- tion relating to HIV/AIDS, commercial sex workers and sexual assault	b)	Develop criminal law mechanisms which protect the rights of victims of sexual violence Investigate the provision of Post-exposure prophylaxis PEP to the victims of sexual violence Investigate decriminalising commercial sex work	DOJ, DOH, SALC

## youth as a target group



As indicated earlier in this document, youth is a specific focus area in the fight against HIV/AIDS as people between the ages of 14 -35 are the most vulnerable to HIV infection. In addition, the youth are an important target group to protect against future HIV infection as they represent both the present and future economic powerhouse of the country.

In this section the strategies that relate to youth will be replicated to emphasise the need for all sectors of society to focus a significant amount of their resources and energies on this age group.

## Objective: Promote improved health seeking behaviour and adoption of safe sex practices

- Produce and disseminate IEC material and messages to different stakeholders
- Implement life skills education in all primary and secondary schools

## Objective: Broaden responsibility for the prevention of HIV to all sectors of government and civil society

 Develop sector-specific policies and plans for the prevention of HIV/AIDS & STDs, focussing specially on the following sectors: ... youth, women and children.

## Objective: Improve access to and use of male and female condoms, especially amongst 15 - 25 year olds

- Expand condom distribution through non-traditional outlets
- Improve access to condoms in high transmission areas (e.g. truck stops, borders, mines and brothels)
- Increase acceptance, positive attitudes and perceptions, efficacy and use of condoms as a form of contraception among the youth

## Objective: Increase access to youth friendly reproductive health services - including STD management, VTC and rapid HIV testing facilities

- Make clinics and HCWs "youth friendly"
- Make schools places where youth can access

friendly and supportive counselling services

Objective: Increase the number of persons
seeking voluntary HIV testing and counselling
services

Promote access to VTC services, especially for the youth

## Objective: Develop and implement programmes to support the health and social needs of children affected by HIV/AIDS

- Promote advocacy of all relevant issues that affect children
- Mobilise financial and material resources for orphans and child-headed households
- Investigate the legal protection of childheaded households
- Provide social welfare, legal and human rights support to protect educational and constitutional rights

## Objective: Implement measures to facilitate adoption of AIDS orphans

- Investigate the use of welfare benefits to assist children and families living with HIV/AIDS
- Subsidise adoption of AIDS orphans

## Objective: Conduct a national surveillance on HIV and STD risk behaviours, especially among youth

- Conduct behavioural sentinel surveys, with a focus on youth
- Conduct national HIV infections surveillance in selected populations and groups, including youth



## way forward

Implementing the HIV/AIDS & STD Strategic Plan is essential to ensure the achievement of the national goals. Broad principles for implementation include appropriate activities and practices and cost effective for South Africa. Activities should be based on known evidence based practices.

Key critical areas for effective delivery include:

#### A. Authority and political will at all levels

#### **B. Structures:**

- Delivery and implementation
- Co-ordination

#### C.Resources:

- Financial Resources
- Human Resources
- Technical Resources

#### D.Capacity:

- HIV AIDS & STD understanding
- Management
- Monitoring and evaluation

#### **E.Communication**:

- National = Provincial & Provincial = National
- Provincial = Provincial
- Provincial = District = Community
- Government = Civil society

## 7.1 Effective implementation of the HIV/AIDS & STD Strategic Plan

To achieve this, the following issues will be addressed:

 Approval of the HIV/AIDS & STD Strategic Plan by national bodies such as the Inter-Ministerial Committee on AIDS (IMC), SANAC and National HIV/AIDS & STDs Directorate, followed by provincial and local structures

The HIV/AIDS & STD Strategic Plan should be used in developing national, provincial and district operational plans. Yearly operational plans have to be based on realistic objectives. These should be developed taking into consideration existing financial and human resources, the capacity thereof, the process of recruitment as well as the political commitment in each of the provinces. The setting of national goals will allow for inter-provincial comparisons and ensure a measure of unity regardless of the relative autonomy of the

provinces. The provinces should then take these national goals and objectives and present them to key role players within each province to ensure that all buy into what would be a Provincial Strategic AIDS Plan.

Improve structures for delivery

This involves reviewing and developing where necessary structures at all levels, from national to community. The concept of appropriate national structures such as the IMC, IDC and NAC should be considered for duplication within provinces, keeping in mind the importance of delivery within communities.

The most important structures to create to guide the implementation of the Strategic Plan are:

- SANAC, with duplicate bodies in each province
- Interdepartmental Committees on HIV/AIDS in every province. One of the functions of the Interdepartmental Committees within provinces would be to define each government department's unique and generic responsibility within the HIV/AIDS & STD Strategic Plan.

Equally important is the establishment of appropriate structures at district level to ensure the implementation of the HIV/AIDS & STD Strategic Plan. It is thus recommended that District HIV/AIDS Committees be established. The district structures should include community-based committees that represent major role-players within the relevant community in the field of HIV/AIDS.

These committees should include local government to ensure the integration of HIV/AIDS & STDs and TB issues and development plans. It is vital that this include non-health issues as part of HIV/AIDS & STD planning, such as transport and poverty alleviation.

 Establish acceptable standards for provinces with respect to resources
 Financial Resources
 It is important to ensure that adequate funding is available at national and provincial levels within the healthcare environment to ensure delivery. One method is to establish an agreed resource standard for all provinces to directly place financial resources into HIV/AIDS. This is currently (in 1999/2000 prices) set as R10 per person per year or a total of R400 million per year for the whole country.

Related activities include:

- Audit financial resources for HIV/AIDS activities within Provinces over the preceding three years
- Compare resources between provinces on a per capita and per HIV infected population
- Agree on standards or conditions by national bodies such as MinMEC, PHRC for allocating dedicated HIV/AIDS funding from national bodies
- Cost the HIV/AIDS & STD Strategic Plan and Programmes
- Agree on the continued funding by the national DoH of activities and products such as condoms that have a major cross provincial impact.

Funds for HIV/AIDS should be devolved to provinces from the national government only on condition that certain standards are met. These include the:

- Presence of an Interdepartmental Committee on HIV/AIDS
- Commitment to "ringfence" funds for direct HIV/AIDS activities within provinces
- Commitment to distribute funds according to the HIV/AIDS & STD Strategic Plan
- Commitment to spend over 80% of the funds in one financial year
- Commitment to roll funds over into the new financial year without risk of penalty
- Commitment to prioritise the process of HIV/AIDS spending within the provinces
- Commitment to ongoing national and provincial communication
- Regular review of the implementation of HIV/AIDS Plans

 Establishment of realistic goals and objectives that can be implemented within provinces and districts

#### Human Resources

It is vital for the success of the Strategic Plan that adequate human resources are available to ensure delivery. The constraint on action is arguably capacity rather than funding. The current ratio suggested is one dedicated employee per 100,000 population. To evaluate the availability of human resources, it will be necessary to audit the existing human resources at national, provincial, regional and district levels. This audit should assist in establishing standards of personnel at district, regional and provincial levels of management.

#### Regularly review the implementation of the Strategic Plan

The HIV/AIDS Strategic Plan must be reviewed every 12 months at national and provincial levels, with quarterly reports to be submitted to provincial and national structures.

The National DOH has overall responsibility for the implementation of the Strategic Plan within the provincial structures. Specific measurable targets and indicators will be developed for each objective and reported in annual operational plans. The Strategic Plan will be monitored by these objectives and supplemented with additional monitoring including national, provincial and local behavioural surveys. These surveys will measure changes in HIV related risk behaviours including condom use, delay of sexual initiation among youth, HIV incidence, and the number of sexual partners.

Establish a mechanism of constant and consistent reporting by provinces to national structures and vice versa. Information from the regular review should be used to serve as a communication tool between provinces of successes, as well as to other stakeholders to provide guidelines on activities to be involved in.

#### 7.2 The Role of Sectors

The HIV/AIDS & STD Strategic Plan provides a broad framework for government, NGOs, business, labour, women and all sectors of society. Each sector should develop more specific plans based on their role, activities and their specific strengths. Sectors are encouraged to establish technical AIDS committees. These committees will advocate, manage and co-ordinate, the implementation of HIV/AIDS activities within that sector.

The sectoral AIDS committees will also be responsible for liaison with other sectors and the Directorate: HIV/AIDS & STDs. The recommended role of the sectors will be as follows:

- Identify determinants of the spread of HIV/AIDS & STDs specific to the sector
- Identify strengths and weaknesses with respect to HIV/AIDS & STDs
- Identify obstacles to the response within the sector
- Integrate HIV/AIDS & STD's activities in their yearly plans
- Formulate specific HIV/AIDS sectoral plans and budget for their implementation
- Mobilise resources for interventions
   Document best practice within the sectors and share information
- Prepare and submit quarterly reports to SANAC

All Ministries, including the MOH, will submit quarterly reports to SANAC on their HIV/AIDS activities.

#### 7.3 Monitoring and Evaluation

The effective implementation of the activities outlined in the Strategic Plan will largely depend on the availability of human, financial and institutional resources. The sustainability of the response will depend on an efficient monitoring process in the areas of policy development, institutional strengthening and service delivery.

Monitoring will ensure that activities are being implemented according to the plan and that each implementing agency and all partners contribute to the accomplishment of policy aims. This activity should be seen as mutually beneficial for the implementing agencies to assess their performance and seek corrective measures, and for government to formulate appropriate policy.

Effective monitoring and evaluation tools will be developed and customised for each intervention. These tools will identify strengths and weaknesses in the response programmes and activities, and areas that need the redirection of resources. The cost effectiveness of selected interventions will be determined through special operational research.

#### 7.4 Concluding Remarks

The HIV/AIDS & STD Strategic Plan is a living document and will be subjected to regular critical review. This will be undertaken at the national, provincial and district levels with input from all stakeholders. A mid-term review will be conducted and the Strategic Plan modified in accordance with the findings.

## Acknowledgements

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## Annexure A: Map of South Africa

The following map represents the nine provinces that make up South Africa.

